APPENDIX I

Selected Bibliography of Articles on Needs of Homeless Youth

Appendix I: Selected Bibliography on Needs of Homeless Youth

Literature searches were conducted focused on the past five years using key search terms for each domain and the words "homeless youth". Abstracts and full text articles were reviewed. A brief summary describing key findings and selected references are listed for each topic.

- Housing
- Education
- Employment
- Mental Health
- Substance Use
- Foster Care
- Criminal/Juvenile Justice
- Trauma & Experiences of Victimization
- Social Support and Social Network

Housing

Many articles focused on how housing is a need for homeless youth however in these housing programs other services should be provided such as positive development, self esteem, and coping skills training. Articles also stress the need for youth-friendly housing facilities that are more sensitive to homeless youths needs so youth will be more willing to use them.

Ha, Y., Narendorf, S. C., Santa Maria, D., & Bezette-Flores, N. (2015). Barriers and facilitators to shelter utilization among homeless young adults. *Evaluation And Program Planning*, *53*25-33. doi:10.1016/j.evalprogplan.2015.07.001

Heinze, H. J. (2013). Beyond a bed: Support for positive development for youth residing in emergency shelters. *Children And Youth Services Review*, *35*(2), 278-286. doi:10.1016/j.childyouth.2012.10.018

Holtschneider, C. (2016). A part of something: The importance of transitional living programs within a Housing First framework for youth experiencing homelessness. *Children And Youth Services Review*, *65*204-215. doi:10.1016/j.childyouth.2016.04.009

Education

Much of the literature related to education focused on the McKinney-Vento Act. Most articles described the need for more elaboration on successful approaches to schools and service providers. Some noted that the act is vague causing different implementation across regions or even schools within districts. Articles also spoke about the lack of knowledge among homeless youth about their rights and what the term "homeless" means because many feel as though they are not homeless. Articles recommend that youth need

to learn how to advocate for themselves and future research should include the voices of actual homeless youth. Lastly, school climate is seen as a protective factor for homeless youth so interventions that include mentorships and support are seen to be effective.

Ausikaitis, A. E., Wynne, M. E., Persaud, S., Pitt, R., Hosek, A., Reker, K., & ... Flores, S. (2015). Staying in school: The efficacy of the McKinney–Vento Act for homeless youth. *Youth & Society*, *47*(5), 707-726. doi:10.1177/0044118X14564138

Aviles de Bradley, A. (2015). Homeless educational policy: Exploring a racialized discourse through a critical race theory lens. *Urban Education*, *50*(7), 839-869. doi:10.1177/0042085914534861

Aviles de Bradley, A. A. (2011). Unaccompanied homeless youth: Intersections of homelessness, school experiences and educational policy. *Child & Youth Services*, *32*(2), 155-172. doi:10.1080/0145935X.2011.583176

Chow, K. A., Mistry, R. S., & Melchor, V. L. (2015). Homelessness in the elementary school classroom: Social and emotional consequences. *International Journal Of Qualitative Studies In Education*, *28*(6), 641-662. doi:10.1080/09518398.2015.1017855

Dang, M. T., & Miller, E. (2013). Characteristics of natural mentoring relationships from the perspectives of homeless youth. *Journal Of Child And Adolescent Psychiatric Nursing*, *26*(4), 246-253. doi:10.1111/jcap.12038

Rahman, M. A., Turner, J. F., & Elbedour, S. (2015). The U.S. Homeless student population: Homeless youth education, review of research classifications and typologies, and the U.S. Federal legislative response. *Child & Youth Care Forum*, *44*(5), 687-709. doi:10.1007/s10566-014-9298-2

Wilkins, B. T., Mullins, M. H., Mahan, A., & Canfield, J. P. (2016). Homeless liaisons' awareness about the implementation of the McKinney—Vento Act. *Children & Schools*, *38*(1), 57-64. doi:10.1093/cs/cdv041

Sulkowski, M. L., & Joyce-Beaulieu, D. K. (2014). School-based service delivery for homeless students: Relevant laws and overcoming access barriers. *American Journal Of Orthopsychiatry*, *84*(6), 711-719. doi:10.1037/ort0000033

Employment

Several articles talked about the relationship between employment and social networks. The use of interventions that promote relationships with non-street people are recommended as a route to homeless youth utilizing more employment-related services. The longer a youth is on the street the least likely they will be at trying to find a job so early intervention is crucial.

Barman-Adhikari, A., & Rice, E. (2014). Social networks as the context for understanding employment services utilization among homeless youth. *Evaluation And Program Planning*, *45*90-101. doi:10.1016/j.evalprogplan.2014.03.005

Curry, S. R., Rhoades, H., & Rice, E. (2016). Correlates of homeless youths' stability-seeking behaviors online and in person. *Journal Of The Society For Social Work And Research*, *7*(1), 143-176. doi:10.1086/685107

Foster Care

Youth that have aged out of foster care are disproportionately represented among homeless youth. Articles recommend that more services need to be focused on helping transition youth aging out of foster care. Timely planning should be made as well as coordinating transitional services so that youth aging out of foster care are not left without a place to go. There were also a number of articles that dealt with the availability of trauma informed services and getting more foster youth into screening, assessment, and treatment to help decrease future adverse effects.

Bender, K., Yang, J., Ferguson, K., & Thompson, S. (2015). Experiences and needs of homeless youth with a history of foster care. *Children And Youth Services Review*, *55*222-231. doi:10.1016/j.childyouth.2015.06.007

Brown, A., Courtney, M. E., & McMillen, J. C. (2015). Behavioral health needs and service use among those who've aged-out of foster care. *Children And Youth Services Review*, *58*163-169. doi:10.1016/j.childyouth.2015.09.020

Hodges, K. L., Landin, M. D., Nugent, M. L., & Simpson, P. M. (2016). Early developmental screening for children in foster care. *Journal Of Child And Family Studies*, *25*(7), 2155-2163. doi:10.1007/s10826-016-0397-6

Klodnick, V. V., Davis, K. E., Fagan, M. A., & Elias, A. (2014). Launching into adulthood from institutional care with a serious mental health condition. *Community Mental Health Journal*, *50*(2), 209-215. doi:10.1007/s10597-013-9643-1

Putnam-Hornstein, E., Hammond, I., Eastman, A. L., McCroskey, J., & Webster, D. (2016). Extended foster care for transition-age youth: An opportunity for pregnancy prevention and parenting support. *Journal Of Adolescent Health*, *58*(4), 485-487. doi:10.1016/j.jadohealth.2015.11.015

Salazar, A. M., Roe, S. S., Ullrich, J. S., & Haggerty, K. P. (2016). Professional and youth perspectives on higher education-focused interventions for youth transitioning from foster care. *Children And Youth Services Review*, *64*23-34. doi:10.1016/j.childyouth.2016.02.027

Scannapieco, M., Smith, M., & Blakeney-Strong, A. (2016). Transition from foster care to independent living: Ecological predictors associated with outcomes. *Child & Adolescent Social Work Journal*, *33*(4), 293-302. doi:10.1007/s10560-015-0426-0

Thompson, A. E., Greeson, J. P., & Brunsink, A. M. (2016). Natural mentoring among older youth in and aging out of foster care: A systematic review. *Children And Youth Services Review*, *61*40-50. doi:10.1016/j.childyouth.2015.12.006

Thompson, H. M., Wojciak, A. S., & Cooley, M. E. (2016). Self-esteem: A mediator between peer relationships and behaviors of adolescents in foster care. *Children And Youth Services Review*, *66*109-116. doi:10.1016/j.childyouth.2016.05.003

Zlotnick, C., Tam, T., & Zerger, S. (2012). Common needs but divergent interventions for U.S. homeless and foster care children: Results from a systematic review. *Health & Social Care In The Community*, *20*(5), 449-476. doi:10.1111/j.1365-2524.2011.01053.x

Criminal Justice

Most studies looked at the interconnection between trauma, mental health, and substance abuse relating to criminal behavior in homeless youth. Criminal behavior is mainly associated with length of homelessness, history of juvenile detention and incarceration. The main types of crimes that were investigated focused on theft, selling drugs and prostitution. Interventions focused on intensive outreach services that included supports for mental health, substance abuse, trauma, and mentorship.

Bender, K., Thompson, S. J., Ferguson, K., Komlo, C., Taylor, C., & Yoder, J. (2012). Substance use and victimization: Street-involved youths' perspectives and service implications. *Children And Youth Services Review*, *34*(12), 2392-2399. doi:10.1016/j.childyouth.2012.09.008

Cronley, C., Jeong, S., Davis, J. B., & Madden, E. (2015). Effects of homelessness and child maltreatment on the likelihood of engaging in property and violent crime during adulthood. *Journal Of Human Behavior In The Social Environment*, *25*(3), 192-203. doi:10.1080/10911359.2014.966219

Ferguson, K. M., Bender, K., Thompson, S. J., Xie, B., & Pollio, D. (2012). Exploration of arrest activity among homeless young adults in four U.S. Cities. *Social Work Research*, *36*(3), 233-238. doi:10.1093/swr/svs023

Ferguson, K. M., Bender, K., Thompson, S. J., Maccio, E. M., Xie, B., & Pollio, D. (2011). Social control correlates of arrest behavior among homeless youth in five U.S. cities. *Violence And Victims*, *26*(5), 648-668. doi:10.1891/0886-6708.26.5.648

Frederick, T. J., McCarthy, B., & Hagan, J. (2013). Perceived danger and offending: Exploring the links between violence victimization and street crime. *Violence And Victims*, *28*(1), 16-35. doi:10.1891/0886-6708.28.1.16

Heerde, J. A., Hemphill, S. A., & Scholes-Balog, K. E. (2014). 'Fighting' for survival: A systematic review of physically violent behavior perpetrated and experienced by homeless young people. *Aggression And Violent Behavior*,*19*(1), 50-66. doi:10.1016/j.avb.2013.12.002

Yoder, J. R., Bender, K., Thompson, S. J., Ferguson, K. M., & Haffejee, B. (2014). Explaining homeless youths' criminal justice interactions: Childhood trauma or surviving life on the streets?. *Community Mental Health Journal*, *50*(2), 135-144. doi:10.1007/s10597-013-9690-7

Mental Health

Several articles had different opinions on what the needs of homeless youth are that suffer from mental illness. The overall theme in many of these articles was for service providers to be trauma informed and understand the link between mental health and trauma. There were also a few articles that looked at the coping styles of homeless youth and these may be negative or positive when dealing with mental health issues. Interventions were created based upon various coping styles such as spiritual development and spiritual awareness. Coping research has also been evaluated with homeless youth and pets as a way to decrease depression in youth. However in order for homeless youth to keep their pets more housing institutions should be more lenient on the rules as many do not allow animals.

Bender, K., Brown, S. M., Thompson, S. J., Ferguson, K. M., & Langenderfer, L. (2015). Multiple victimizations before and after leaving home associated with PTSD, depression, and substance use disorder among homeless youth. *Child Maltreatment*, *20*(2), 115-124. doi:10.1177/1077559514562859

Childress, S., Reitzel, L. R., Maria, D. S., Kendzor, D. E., Moisiuc, A., & Businelle, M. S. (2015). Mental illness and substance use problems in relation to homelessness onset. *American Journal Of Health Behavior*, *39*(4), 549-555. doi:10.5993/AJHB.39.4.11

Dang, M. T., & Miller, E. (2013). Characteristics of natural mentoring relationships from the perspectives of homeless youth. *Journal Of Child And Adolescent Psychiatric Nursing*, *26*(4), 246-253. doi:10.1111/jcap.12038

Evans, Y. N., Handschin, S. M., & Giesel, A. E. (2014). Health care utilization in homeless youth. *Journal Of Community Health: The Publication For Health Promotion And Disease Prevention*, *39*(3), 521-523. doi:10.1007/s10900-013-9789-3

Pedersen, E. R., Tucker, J. S., & Kovalchik, S. A. (2016). Facilitators and barriers of drop-in center use among homeless youth. *Journal Of Adolescent Health*, doi:10.1016/j.jadohealth.2016.03.035

Saperstein, A. M., Lee, S., Ronan, E. J., Seeman, R. S., & Medalia, A. (2014). Cognitive deficit and mental health in homeless transition-age youth. *Pediatrics*, *134*(1), e138-e145. doi:10.1542/peds.2013-4302

Thompson, S. J., Bender, K., Ferguson, K. M., & Kim, Y. (2015). Factors associated with substance use disorders among traumatized homeless youth. *Journal Of Social Work Practice In The Addictions*, *15*(1), 66-89. doi:10.1080/1533256X.2014.996229

Substance Abuse

Articles discussed the intersection between victimization and substance abuse. More interventions and service providers need to be trauma informed. Positive social networks may be able to reduce substance abuse.

Collins, J., & Slesnick, N. (2011). Factors associated with motivation to change HIV risk and substance use behaviors among homeless youth. *Journal Of Social Work Practice In The Addictions*, *11*(2), 163-180. doi:10.1080/1533256X.2011.570219

Ferguson, K. M., & Xie, B. (2012). Adult support and substance use among homeless youths who attend high school. *Child & Youth Care Forum*, *41*(5), 427-445. doi:10.1007/s10566-012-9175-9

Milburn, N. G., Iribarren, F. J., Rice, E., Lightfoot, M., Solorio, R., Rotheram-Borus, M. J., & ... Duan, N. (2012). A family intervention to reduce sexual risk behavior, substance use, and delinquency among newly homeless youth. *Journal Of Adolescent Health*, *50*(4), 358-364. doi:10.1016/j.jadohealth.2011.08.009

Slesnick, N., Guo, X., Brakenhoff, B., & Bantchevska, D. (2015). A comparison of three interventions for homeless youth evidencing substance use disorders: Results of a randomized clinical trial.*Journal Of Substance Abuse Treatment*, *54*1-13. doi:10.1016/j.jsat.2015.02.001

Thompson, S. J., Bender, K., Ferguson, K. M., & Kim, Y. (2015). Factors associated with substance use disorders among traumatized homeless youth. *Journal Of Social Work Practice In The Addictions*, *15*(1), 66-89. doi:10.1080/1533256X.2014.996229

Tyler, K. A., & Melander, L. A. (2015). Child abuse, street victimization, and substance use among homeless young adults. *Youth & Society*, *47*(4), 502-519. doi:10.1177/0044118X12471354

Trauma & Victimization

More trauma informed services is highly suggested for this population particularly trauma screening and assessment. Trauma is related to a variety of risk behaviors. More service providers need to understand how complex trauma is and the different levels it can have.

Development of coping strategies is also suggested as a way for youth to deal with past trauma.

Bender, K., Ferguson, K., Thompson, S., & Langenderfer, L. (2014). Mental health correlates of victimization classes among homeless youth. *Child Abuse & Neglect*, *38*(10), 1628-1635. doi:10.1016/j.chiabu.2014.03.001

Bender, K., Brown, S. M., Thompson, S. J., Ferguson, K. M., & Langenderfer, L. (2015). Multiple victimizations before and after leaving home associated with PTSD, depression, and substance use disorder among homeless youth. *Child Maltreatment*, *20*(2), 115-124. doi:10.1177/1077559514562859

Bender, K., Thompson, S. J., Ferguson, K., Komlo, C., Taylor, C., & Yoder, J. (2012). Substance use and victimization: Street-involved youths' perspectives and service implications. *Children And Youth Services Review*, *34*(12), 2392-2399. doi:10.1016/j.childyouth.2012.09.008

Petering, R. (2016). Sexual risk, substance use, mental health, and trauma experiences of gang-involved homeless youth. *Journal Of Adolescence*, *48*73-81. doi:10.1016/j.adolescence.2016.01.009

Yoder, J. R., Bender, K., Thompson, S. J., Ferguson, K. M., & Haffejee, B. (2014). Explaining homeless youths' criminal justice interactions: Childhood trauma or surviving life on the streets?. *Community Mental Health Journal*, *50*(2), 135-144. doi:10.1007/s10597-013-9690-7

Social Support

The majority of the articles centered on utilizing positive role models in homeless youths' lives such as school based peers, family, and mentors. This is the age where most adolescents are involved romantically so interventions around self esteem, coping and building and maintain health relationships would be impactful to prevent intimate partner violence since most youth could receive support from a significant other. Also interventions that promote connections with non-street peers would be beneficial.

Barman-Adhikari, A., Bowen, E., Bender, K., Brown, S., & Rice, E. (2016). A social capital approach to identifying correlates of perceived social support among homeless youth. *Child & Youth Care Forum*, *45*(5), 691-708. doi:10.1007/s10566-016-9352-3

Barman-Adhikari, A., Rice, E., Winetrobe, H., & Petering, R. (2015). Social network correlates of methamphetamine, heroin, and cocaine use in a sociometric network of homeless youth. *Journal Of The Society For Social Work And Research*, *6*(3), 433-457. doi:10.1086/682709

Dang, M. T., & Miller, E. (2013). Characteristics of natural mentoring relationships from the perspectives of homeless youth. *Journal Of Child And Adolescent Psychiatric Nursing*, *26*(4), 246-253. doi:10.1111/jcap.12038

Tyler, K. A., & Melander, L. A. (2011). A qualitative study of the formation and composition of social networks among homeless youth. *Journal Of Research On Adolescence*, *21*(4), 802-817. doi:10.1111/j.1532-7795.2011.00739.x